

Loving Other Women

Can I ask a favour? Can you please eliminate these comments from your vocabulary? Let's stop saying these phrases to other women:

1. *Oh, must be nice.*
2. *You make me sick.*
3. *I envy you.*
4. *I hate you.*
5. *Easy for you to say.*
6. *I am so jealous of you.*
7. *You skinny bitch.*
8. *Don't you ever age?*
9. *Oh, I am sure you always look beautiful.*

And do me another favour, stop looking a woman up and down as she walks away. Build your own confidence so you can just say nice things to another woman.